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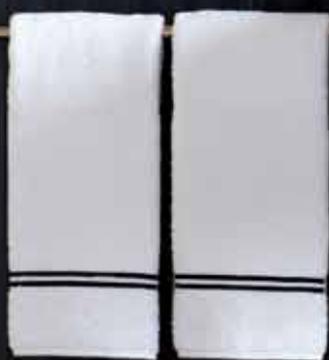
SPECIAL EDITION

100+

# KITCHEN & BATH IDEAS

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# QUICK AND CLEVER KITCHEN COLOR

Set your space apart by personalizing your *cucina* with a hue that's one part expressive and two parts unexpected. **TEXT** BETHANY LYTTLE

## style STATEMENT

Once clear, these striking teardrop pendant frames were spray-painted aqua. Hanging two, rather than one, doubles the colour's impact.



When it comes to colour, less is more. Personalize your kitchen – don't overwhelm it. Here, the tempered-glass backsplash, pendant lights and just a few more aqua accessories are enough to modernize the space.

## BREEZY BLUE BRINGS A KITCHEN TO LIGHT

### WHO

Tara Fingold of  
Tara Fingold Interiors.

### DESIGN PHILOSOPHY

Tara believes that, first and foremost, a home should reflect the lifestyles and personalities of the people who live there. "A great-looking interior that inhibits everyday enjoyment is just an installation," she says. "A home should look good but not at the cost of comfort."

### KITCHEN PROJECT

In the heart of a new build Toronto home, Lesley Glowinsky's kitchen is anything but boring, thanks to unexpected accents in aqua that blend breezy modernity with easygoing grandeur. "The aqua was a subtle addition," says Tara. "But even in small amounts, it makes the room's classic whites look fresh and young."

PHOTOGRAPHY, MARK BURSTYN

# OUR



## style STATEMENT

The oversized vintage chandelier makes a statement and provides texture and curves to the otherwise sleek and clean-lined space.

## Q&A

**What was your inspiration for using aqua in this kitchen?**

*Watery blues not only suggest sea and sky but they're also subtle, allowing them to function almost like neutrals. They provide colour without the "kapow." The tempered-glass backsplash echoes the tone of the glass tabletop, so we spray-painted the formerly clear pendant light frames to match these glass accents.*

**How does the homeowner use the space?**

*Homeowner Lesley Glowinsky is young and full of energy. Her kitchen is more than just a place to cook; it's a place to laugh and talk with friends, too – she typically hosts her friends here or in the adjacent family room.*

**What are your tips for decorating with aqua and white?**

*Go minimal. Even small touches of aqua will impart hints of blue, green and grey – it tends to change with the light. You can go soft, as we did, or go bold, aiming for something closer to robin's egg blue, turquoise or even teal.*

Amid the white walls, white millwork, white cabinetry and white seating, the glass top on this table stands out for its blue-green hue and reflective surface, which bounces the ever-changing light from the windows around the room.

# NIP & TUCK

Think making a major impact in your kitchen or bathroom is too time-consuming? Think again. Whether you've got a couple of hours, a day or a long weekend, you can achieve big results with just a few small changes. We'll show you how.

PRODUCER SUZANNE MOUTIS

PHOTOGRAPHY, RYAN BROOK/TC MEDIA

PHOTOGRAPHY, ANGUS MCRTICHE; DESIGN, BETH GOLD

2 HOURS

KITCHEN QUICK FIX

Change the blinds.

Install a new pendant light.

Switch up the faucet.

Freshen up the colour scheme with accessories.

Replace the cabinet knobs and pulls.

Add a fresh coat of paint to the walls and trim.

Paint the cabinet doors.

Install a new range hood.

Switch out the appliances.

Paint and reupholster the stools. Add finishing details like nailheads.



3

DAYS

KITCHEN  
OVERHAUL

Install crown  
moulding.

Position and  
install task  
lighting.

Replace the  
backsplash.

Refinish or  
replace the  
countertops.

Refinish the  
hardwood  
floors.

PHOTOGRAPHY: STACEY VAN BERKEL; DESIGN: SUSAN SNOW



Switch up the sconces and shades.

Put up a new shower curtain.

Add a vanity shelf.

Install a recessed medicine cabinet.

Freshen up with a new paint colour.

Paint or replace the vanity.

Devise a new lighting scheme - include pot lights, pendants and sconces.

Install crown moulding.

Customize a vanity from a big box store.

Clad the bathtub with moulding.

Switch up the floor tiles.

PHOTOGRAPHY, DONNA GRIFFITH; DESIGN, MARGOT AUSTIN

PHOTOGRAPHY, MARK BURSTYN; DESIGN, TARA FINGOLD